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If you would like to be kept up to date with informative articles, new technologies in optics and our special promotions and competitions please give us a like.

Please have a look at our web site and tell us what you think. We always value our patients' feedback.

CONGRATULATIONS



Dvlar



Kevin

After gaining many years of experience working in the optical industry, raising young families and studying part time, Dylan and Kevin have now completed their Optical Dispensing courses. We congratulate them on becoming qualified Optical Dispensers.

The profession of Optical Dispensing was deregulated in 2009 allowing anyone to make spectacles without any technical training, a decision we feel wasn't in the best interest of patients or the profession. While our experienced Optometrists work out the best possible prescription for your needs it is extremely important that the prescription is translated into a correct and accurate pair of spectacles to resolve your visual needs. This is why we encouraged our dispensing staff to obtain their qualification in Optical Dispensing and to continue their learning by staying informed of the latest lens technologies and dispensing techniques.

Dylan and Kevin now join Ian, Derek and Nick as qualified Optical Dispensers in our practices and they look forward to helping you have the best possible experience when looking for your next pair of spectacles. They will explain to you the benefits of the lenses and frames that are recommended and why some options may not be suitable for your prescription.

SMOKING AND EYE DISEASE

Smoking has long been known to cause heart disease and lung cancer; however many people don't realize that smoking can lead to vision loss. Studies show smoking increases the risk of age-related macular degeneration, cataracts, glaucoma and diabetic retinopathy and Dry Eye Syndrome.

Age Related Macula Degeneration

One way to reduce the risk of developing AMD is by NOT smoking. Smokers are three to four times more likely to develop AMD than non-smokers. Non-smokers living with smokers almost double their risk of developing AMD.

Glaucoma

There is a strong link between smoking and high blood pressure, cataracts and diabetes all of which are risk factors for glaucoma

Diabetic Retinopathy

Smoking can increase your chances of getting diabetes. It can also make managing diabetes more difficult for those who already have it. Complications of diabetes made worse by smoking include retinopathy, heart disease, stroke, vascular disease, kidney disease, nerve damage, foot problems and many others.

Cataract

Heavy smokers (15 cigarettes/day or more) have up to three times the risk of cataract as non-smokers.

Dry Eye Syndrome

Dry Eye Syndrome is more than twice as likely to impact smokers as non-smokers.

MEDICARE EASYCLAIM

In most cases, patients can claim consultations with our optometrists through Medicare and receive a significant rebate. Our practices can make the claim through Medicare on your behalf, which saves you a separate trip to a Medicare office.

After full payment for the consultation by cash, eftpos or credit card there are two ways we can claim your Medicare rebate at the time of your consultation.

If your bank details are registered with Medicare we can send the claim through to Medicare online for you and the rebate will go directly into the account you have nominated with them.

If your bank details are not registered with Medicare, we can simply swipe your Medicare card and a debit/eftpos card to return the rebate to your cheque or savings account.

This service complements our well used service of on-the-spot claims for contact lenses and spectacles, through electronic claiming terminals available for the majority of health funds.

Emergencies

Emergency appointments are available every day for patients with urgent problems. If your eyes are suddenly red or sore, especially if only one eye is affected, or should you have any sudden reduction of vision, please contact us immediately on **6257 1103**.